

HOTLICKS

Courtesy of
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FOR THE FOUR

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This exercise for four mallets will strengthen the right hand and number-4 mallet, increase dexterity through the use of permutations, build confidence in odd time (11/8), and improve your accuracy when changing keys, as it outlines every triad of each key (following the circle of fourths).

The musical score consists of five staves of music, each representing a different key signature. The time signature is 11/8. Each staff contains a sequence of notes with accents (>) above them, indicating the mallet strokes. The mallet stroke sequence for each staff is as follows:

- Staff 1 (C major): 4 2 3 4 1 3 1 4 1 3 2
- Staff 2 (F major): 4 2 3 4 1 3 1 4 1 3 2
- Staff 3 (C# major): 4 2 3 4 1 3 1 4 1 3 2
- Staff 4 (G major): 4 2 3 4 1 3 1 4 1 3 2
- Staff 5 (D major): 4 2 3 1 3 1 4 2 3 1 4

HEAR A MIDI FILE OF THIS EXERCISE AT HOTLICKS ONLINE BY VISITING WWW.PAS.ORG