

## **INTRODUCTION TO MARIMBA TECHNIQUE by Kevin Bobo and Jon Metzger**

Where to Strike the bar:

- Center = one strike zone
- Off-center = three strike zones

How to move from one note to the next:

- Get centered over the bar and drop the mallet
- Keep mallets constantly moving from one note to the next

How to produce a good solid tone:

- Make sure that initially stick heights are relatively high (initially)
- Make sure that stroke primarily comes from the wrist
- Make sure to use gravity in this process (Do not to force the stroke)

Exercises:

- Scales
- Arpeggios
- Sticking and strength development exercises

### **BASIC 4-MALLET TECHNIQUE**

Grips:

- Traditional
- Burton
- Stevens

Basic motions:

- Horizontal
- Vertical
- Shifting
- Combinations

Exercises:

- 8 on a mallet, single independent strokes
- Basic double vertical exercises
- Scales with stationary and moving sticks
- Single alternating, double lateral and triple stroke exercises