

Mallet Numbering:
1 - 2 - 3 - 4
(low to high)

Four-Mallet Drills

Single Alternating

Practice these patterns on a flat surface or keyboard instrument with any chosen pitches.
Play each pattern at least ten times before moving on to the next line.

1 $\frac{4}{4}$ **Stems Up: Right Hand**

Stems Down: Left Hand

4
3
2
1

9 $\frac{6}{8}$

2 $\frac{4}{4}$

10 $\frac{6}{8}$

3 $\frac{4}{4}$

11 $\frac{6}{8}$

4 $\frac{4}{4}$

12 $\frac{6}{8}$

5 $\frac{4}{4}$

13 $\frac{6}{8}$

6 $\frac{4}{4}$

14 $\frac{6}{8}$

7 $\frac{4}{4}$

15 $\frac{6}{8}$

8 $\frac{4}{4}$

16 $\frac{6}{8}$